



Cub Scout Baseball

Cub Scout Academics and Sports Workbook

This workbook is not required but can help you with this award. Belt Loops and Pins may be earned more than once.

Links to other workbooks and resources are at the end of this workbook: [Online Resources](#).

Send comments to the workbook developer: craig@craiglincoln.com. Workbook updated: April 2008.

Scout's Name: _____

Pack: _____

Cub Scout Baseball Belt Loop (See the [Pin Requirements](#) below.)

Complete these three requirements:

1. Explain the rules of baseball to your leader or adult partner. _____

2. Spend at least 30 minutes practicing baseball skills. _____

3. Participate in a baseball game. _____

Cub Scout Baseball Pin

Earn the Cub Scout Baseball belt loop, and complete five of the following requirements:

1. Participate in a pack or community baseball tournament. _____

2. Demonstrate skill in two of the following throwing techniques: overhand, _____
sidearm, _____
underhand, _____
and the relay throw. _____

3. Demonstrate skill in two of the following catching techniques: fielding a ground ball, _____
fielding a pop-up, _____
catching a line drive. _____

4. Demonstrate correct pitching techniques. _____

5. Demonstrate correct hitting techniques, _____

6. Explain the rules of base running. _____

Explain base coaching signals. _____

7. Demonstrate skill in the following sliding techniques: the straight-in slide, _____
the hook slide, _____
and the headfirst slide. _____

8. Play five games of baseball using standard baseball rules. _____

9. Draw a baseball field to scale or set one up for play. _____

